

App-Teasers & Wings

All of our happy hour specials have an (H).

- Caprese Salad** Roma tomato slices, fresh mozzarella, fresh basil, extra virgin olive oil with balsamic glaze. 11 (H)
- Toasted Ravioli** Stuffed with creamy ricotta, parmesan, and romano cheeses. Served with Selma's homemade marinara sauce. 11 (H)
- Bruschetta Favorito** 11 (H)
- "Not Another Fried Cheese" Cheese!** With a side of Selma's original marinara sauce. 11 (H)
- Spinach Artichoke Dip & Chips** Our homemade dip served with fresh corn tortilla chips. 10 (H)
- The Sampler 4x4!** You get 4 in 1; wings, fried cheese, toasted ravioli, and boneless wings (sorry no substitutions) 19
- Garlic Cheese Bread** Served with marinara sauce. 8
- Selma's Original Chips** Served with ketchup and your choice of ranch or jalapeño ranch dressing. 8
- Good Ol' Chicken Tenders** 100% white meat battered tenders, served with ranch or jalapeño ranch dressing. 12 (H) add fries for \$4
- Sauteed Chicagaoua Shrooms** "Chicagaoua" the name American Indians gave Chicago for the wild garlic they found in the region. This wonderful appetizer has bunches of sautéed mushrooms tossed in a garlic wine reduction sauce, sprinkled with parsley and dusted with imported Parmesan. Served with dippin' bread. A great appetizer to share! 11 (H)
- Beer-Battered Fries** A basket of fries sprinkled with seasoned Parmesan, with ketchup and your choice of: ranch or jalapeño ranch. 8
 - Garlic Parm Fries** with freshly pressed garlic 10 (H)
 - Pedal to the Metal Fries** with loads of cheddar cheese, bacon, avocado & green onions 12
- Crispy Calamari** served with spicy marinara and lemon wedges. 14
- Bavarian Pretzel Bites** tasty bites served warm with our signature cheese dipping sauce & stone-ground mustard 9 (H)



Selma's Famous Wings...you'll be glad ya' did!

Traditional
Selma's Original

Boneless Wings

add a side of celery \$1

Pick your count

- 8 piece (H)** 13
comes with 1 sauce
- 16 piece** 20
comes with 2 sauce choices
- 24 piece** 27
comes with 2 sauce choices

Pick your sauce

- 🔥 **Medium**
- 🔥🔥 **Hot**
- 🔥🔥 **Bbq**
- 🔥 **Honey Sriracha**
- Garlic Parmesan**
- 🔥 **Spicy BBQ**
- 🔥 **Sweet Pepper**
- Lemon Pepper**
- Thai**

Pick your dip

- Ranch**
- Jalapeño Ranch**
- Cilantro Ranch**
- Bleu Cheese**
extra dressings .50

Artisan (skinny) Pizzas (Available only in 12" (6 slices))

- Popeye** Olive oil, spinach, goat cheese, mozzarella, tomato, red onions, garlic 16
- Red & White** Alfredo sauce, garlic, blackened chicken, bruschetta topping 16
- T.P.G.M.** Tomato sauce, pepperoni, garlic, mushrooms, mozzarella 16
- Just Thai It!** Chicken, mozzarella, cilantro, carrot threads, green onions & thai peanut sauce 16
- Solstice** Sun-dried tomato, artichoke hearts, basil & alfredo sauce 16
- The Greek** Kalamata olives, mozzarella, artichoke hearts, Olive oil, red onions, tomatoes, topped with Feta cheese 18



Homemade Soups & Salads

- House Salad** Romaine lettuce, garbanzo beans, tomatoes and home-baked garlic croutons, with your choice of ranch, cilantro ranch, lemon vinaigrette, bleu cheese, balsamic vinaigrette, Italian. Regular 6 Large 10 add mozzarella Reg. \$2 Lrg. \$3
- Caesar Salad** a Selma's favorite. Regular 7 Large 11 add anchovies Reg. \$2 Lrg. \$3
- Soup and Salad Combo** Our House or Caesar Salad along with your choice of minestrone or tomato bisque soup 11
- Mom's Pasta Salad** Chilled spiral pasta, Italian dressing, fresh garlic, green onions, black olives, cilantro, Roma tomatoes, toasted pine nuts. 7

Minestrone Soup 6

Tomato Bisque Soup 6

New England Clam Chowder 8 (Friday thru Sunday, limited supply)

"Lettuce" Tempt You (Gourmet Salads)

- Buck's BBQ Chicken Chopped Salad** Romaine, tomatoes, corn, black beans, cilantro, green onions, provolone cheese, tortilla strips and marinated chicken. Tossed with ranch dressing and drizzled with barbecue sauce. Our most popular salad! Reg 13 Lrg 17
- Quinoa & Avocado Ensalada** 5 way quinoa blend, chopped romaine, blackened chicken, carrots, avocado, crumbled feta, corn, black beans, cilantro, red onions, tomatoes, tortilla strips, drizzled with Santa Fe dressing. Reg 14 Lrg 18
- Blueberry Quinoa Salad** 5 way quinoa blend, romaine, blueberries, avocado, cucumbers, crumbled feta, candied walnuts, green onions, tossed with a light zesty lemon vinaigrette. Reg 14 Lrg 18 add chicken Reg. \$2 Lrg. \$3
- Chicken Caesar Salad** Reg 13 Lrg 16
- Shrimp Caesar Salad** Reg 17 Lrg 21
- Bruschetta Chicken Caesar Salad** Reg 14 Lrg 18
- Bruschetta Shrimp Caesar Salad** Reg 18 Lrg 22
- Greek Chopped Salad** Romaine, kalamata olives, feta cheese, artichoke hearts, red onions, tomatoes, cucumbers tossed in our zesty Italian dressing. Reg 13 Lrg 17 add chicken Reg. \$2 Lrg. \$3
- California Club Salad** This salad delivers the perfect blend of romaine, bacon, cucumbers, green onions, provolone cheese, chicken, avocado & fresh Roma tomatoes. Tossed in bleu cheese or ranch dressing. Reg 13 Lrg 17
- Italian Chopped Salad** Includes romaine, tomatoes, green peppers, provolone cheese, green onions, black olives, artichoke hearts, garbanzo beans and Genoa salami, with your choice of our homemade Italian dressing or balsamic vinaigrette. Reg 13 Lrg 17
- "Sassy" Santa Fe Chicken Chopped Salad** The perfect combo of romaine, black beans, red onions, tomatoes, red peppers, provolone cheese and corn. Tossed in our Santa Fe dressing and topped with tortilla strips and blackened chicken. Reg 13 Lrg 17
- Buffalo Crunchy Chicken** Romaine, feta cheese crumbles, crunchy chicken, red onions, cucumbers, tomatoes and tortilla strips tossed in our Buffalo ranch dressing. Reg 13 Lrg 17

Fresh Baked Deep Dish or Thin Crust Pizzas

All Deep Dish Pizzas are Topped with Fresh Roma Tomatoes

(V)= Vegetarian

Cheese & Tomato

You may add
 1 Ingredient
 2 Ingredients
 3 Ingredients
 Each additional ingredient add
 Gluten-Free/Vegan Thin Crust (small & large only) add

	Small	Medium	Large
Slices:	4	6	8
	11.95	14.95	17.95
	14.40	17.90	21.45
	16.85	20.85	24.95
	19.30	23.80	28.45
	2.45	2.95	3.50
	3.00	3.00	3.00

 Pedal to the Metal Special "The Works" <i>(our most popular!)</i> Ground meatballs, pepperoni, Italian sausage, black olives, fresh mushrooms, green peppers, onions	21.00	26.25	30.50
Hawaiian Trio Tavern ham, bacon, pineapple	18.75	23.80	28.55
Maui Wowie Pepperoni, jalapeños, pineapple	18.75	23.80	28.55
Da' Vinny! Pepperoni, Italian sausage, fresh garlic, fresh mushrooms	19.25	24.50	29.00
Buffalo Wing Wing sauce, chicken, celery, red onions, drizzled with ranch	20.00	25.25	29.50
Veggie Special (V) Black olives, mushrooms, green peppers, onions, tomatoes	18.75	23.80	28.55
Santa Margarita (V) Olive oil, fresh garlic, basil, fresh Parmesan cheese, tomatoes	18.75	23.80	28.55
White Sox (V) Olive oil, fresh garlic, ricotta & Parmesan, tomatoes, fresh spinach	19.25	24.50	29.00
Smoking Inferno Jalapeños, meatballs, pepperoni, Italian sausage	19.25	24.50	29.00
Wacky White Alfredo sauce, chicken, fresh basil, tomatoes	19.50	24.75	29.50
Meat Head Pepperoni, Italian sausage, ground meatballs, Tavern ham	20.25	25.50	30.25
 Barbecue Special Chicken, BBQ sauce, red onions, cilantro	19.25	24.50	29.00
Garlic Chicken Pesto Chicken, artichoke hearts, red onions, tomatoes, homemade pesto sauce	20.00	25.25	29.50
Peppy Olive oil, fresh garlic, pepperoni, basil, fresh Parmesan cheese, tomatoes	19.50	24.75	29.50
 Vegan Friendly Build your own with Vegan Cheese and Vegan crust	15.45	18.70	24.45

Selma's Delicious Meats, Veggies and...

Andouille Sausage
 Pepperoni
 Anchovies
 Ground Meatballs
 Bacon

Tavern Ham
 Blackened Chicken
 Italian Sausage
 Grilled Chicken

Black Olives
 Sun-dried Tomatoes
 Green Peppers
 Artichoke Hearts
 Cilantro

Fresh Mushrooms
 Onions
 Fresh Spinach
 Diced Tomatoes
 Extra Cheese

Fresh Garlic
 Pepper Rings
 Pineapple
 Fresh Broccoli

Jalapeños
 Fresh Basil
 Red Onions
 Kalamata Olives

(+)Premium Toppings (extra charges apply) (+)Goat Cheese (+)Feta Cheese (+)Fresh Mozzarella (+)Avocado (+)Vegan Cheese (+)Sautéed Shrimp



Option 1
Our Deep Dish
 Served in a deep-dish pan with Roma tomatoes on top.



Option 2
Our Thin Crust
 (Bbq Chicken pictured)

Chicago Pizza Pies

(More time is required to bake this dreamy pizza pie, but it's so worth it!)

Chicago Pizza Pies

A true "pizza pie" with extra sauce, garlic and cheese, finished with Parmesan cheese on top. We only prepare our Chicago pies with red sauce and your choice of toppings. Sorry, no half topping requests.

Small (10") add \$3
 Medium (12") add \$5
 Large (14") add \$6



Option 3
 Topped with garlicky marinara sauce and parmesan cheese

Sam-Zones (Calzones)

Add a House Salad, Caesar Salad or Soup for \$5 (Clam Chowder \$6) with your Zone!

Sam-Zone Selma's pizza dough, filled with mozzarella cheese, ricotta cheese, marinara sauce, stuffed with your choice of two ingredients (see list above) and topped with provolone cheese then baked until golden brown. Tasty!
 Regular 11 Large 16 Extra Ingredients Regular .95 Large 1.95

West Coast Zone Selma's pizza dough, stuffed with mozzarella cheese, ricotta cheese, Alfredo sauce, spinach, artichoke hearts, topped with provolone cheese then baked until golden brown. Tasty! Regular 12 Large 17
 Extra Ingredients Regular .95 Large 1.95



Noodle Creations

Add a House Salad, Caesar Salad or Bowl of Soup for \$5 (Clam Chowder \$6) with any pasta! All pasta dishes are served with fresh baked garlic bread.

Substitute gluten-free penne pasta for \$2

Spaghettini Marinara Selma has been making this sauce for generations. 14 add meatballs \$5

Spaghettini with Meat Sauce Extremely meaty, extremely tasty and extremely homemade. 16 add meatballs \$5

Veggie Lover's Pasta Fettuccine, artichoke hearts, fresh mushrooms, goat cheese, capers and Roma tomatoes sautéed in olive oil, infused with fresh garlic and basil, then topped with fresh Parmesan cheese. 16

Da' Bruschetta Pasta Fusilli pasta, Roma tomatoes, garlic, Parmesan cheese, onions, sautéed in our Alfredo sauce. Chicken 17 Shrimp 21

Tomato Cream Spaghettini Meat sauce or our homemade marinara sauce & Alfredo. Two great worlds united! 17

Fettuccine Alfredo Selma's own recipe. Rich, creamy and seasoned just right. 16 add chicken +4

Best O'Pesto Pasta Our homemade pesto sauce, chicken, toasted pine nuts, Parmesan, served over penne. 18 Add artichoke hearts \$2

Spaghettini Pomodoro Fresh Roma tomatoes, sauteed in olive oil with fresh-pressed garlic, basil, goat cheese and parmesan. 17

Baked Penne Penne pasta, sauteed red peppers, mushrooms, Andouille sausage, in a creamy Parmesan cheese sauce. 17

Triple-Layered Baked Ziti Penne noodles layered with meat or marinara, mozzarella and ricotta cheeses then baked to perfection. 17

Chicken & Broccoli Pasta Chicken or blackened chicken, penne pasta & broccoli. Tossed in our Alfredo sauce. 18

Sun-Dried Tomato Pasta Penne, sun-dried tomatoes, artichoke hearts, tossed in Alfredo sauce, topped with fresh Parmesan & basil. 17

Lasagna of Love Meat sauce, sheets of pasta and three cheeses, all comfortably nestled together then baked and slathered with meat sauce. The name says it all! Go for a Cabernet with this Italian classic. 17

Navy Pier Scampi Sautéed garlicky shrimp, spaghettini noodles, fresh parsley, capers, Parmesan, tossed in our signature sauce. 19

Pasta Toppers & Sides

Marinated Chicken 4

Blackened Chicken 4

Sautéed Shrimp 6

Steamed Broccoli 3

Homemade Meatballs 5

Andouille Sausage 3

Sun-Dried Tomatoes 3

Ravioli

Pick your ravioli and your favorite sauce. Served with garlic bread.

Gourmet Ravioli

Jumbo Stuffed Cheese Ravioli Stuffed with grated parmesan, creamy ricotta, romano, & mozzarella cheeses. 14

Short Rib Ravioli Braised short rib & parmesan cheese wrapped in an egg pasta pillow. (We recommend the Mushroom Cream sauce!) 15

Our Signature Sauces

Marinara

Meat

Tomato Cream

Alfredo

Mushroom Cream

Pesto

Add-ons

Topped with Mozzarella +2

Meatballs +5

Broccoli +3

Sauteed Shrimp +6

Selma's Delicious Sandwiches & Wraps

Add a House Salad, Caesar Salad or Soup for \$5 (Clam Chowder \$6) with any sandwich/wrap!

Add **avocado** or bacon for 1.50

Choose your 1 side:

Beer-battered Fries / House-cut Chips / Mom's Pasta Salad

Meatball Classic Homemade meatballs topped with marinara sauce and provolone cheese served with marinara sauce. Baked on Italian roll. 13

Da' Sub Tavern ham, salami, pepperoni and provolone. Topped with lettuce (basil – panini-style), tomato, red onion and Italian dressing served panini-style on Italian roll. 13

Chicken Pesto Chicken breast, spinach, feta cheese, mayo, pesto sauce, tomato and red onion served panini-style on Italian roll. 14

Turkey & Avocado Oven-baked turkey breast with lettuce (basil – panini-style), tomato, garlic aioli, red onion and slices of avocado, served on grilled sourdough. 13

Turkey Club Wrap Oven roasted turkey breast, bacon, avocado, lettuce, red onion, Roma tomatoes, and garlic aioli in a sun-dried tomato tortilla. 13

Southwest Chicken Wrap Blackened chicken, cheddar cheese, avocado, corn, black beans, tomatoes, red onion, lettuce, Santa Fe sauce and tortilla strips served in a sun-dried tomato tortilla. 13

BBQ Chicken Chicken breast, red onions, cheese, tomato, cilantro, mayonnaise, barbecue sauce, served on a grilled Italian roll. (Avocado goes great on this sandwich +1.50.) 13

Grilled Caprese Sandwich Roma tomato slices, fresh mozzarella, fresh basil, drizzled with a balsamic glaze on grilled sourdough bread. 12
add chicken or Taven ham \$2

Holy Cow Marinated Sirloin steak, provolone cheese, sauteed peppers, onions, mushrooms, baked in an Italian roll with a side of au jus sauce. 14

The B.A.L.T Bacon, avocado, lettuce, tomato, garlic aioli served on grilled sourdough bread.. 13

Chicken Bruschetta Caesar Wrap Marinated chicken breast, tossed with Caesar salad, Parmesan cheese, fresh Bruschetta mix, garlic aioli, wrapped with love in a sun-dried tomato tortilla. 13

Buffalo Chicken Wrap Buffalo crunchy chicken, buffalo ranch sauce, romaine, red onions, crumbled feta, cucumbers, tortilla strips, tomatoes, wrapped in a sun-dried tomato tortilla. 13

Gluten-Free Menu

We have prepared this suggested menu based upon our supplier information, but it is possible that these items may contain wheat, either from supplier or during the course of normal kitchen preparation due to cross-contamination. We have made every effort to be accurate when screening for gluten; however, we cannot be held responsible for individual reactions to any products. There may also be occasions where the manufacturer has changed ingredients in their product. In addition, while products may not contain gluten ingredients, many are processed on shared equipment or in a shared plant that processes gluten. Selma's has not investigated these sources of cross contamination. **Please inform your server that you have a dietary restriction so that we can help make your experience extra special!**

Starters

House Salad Romaine lettuce, tomatoes, garbanzo beans and choice of GF Ranch, GF Cilantro Ranch, GF Lemon Vinaigrette, GF Italian, GF Balsamic Vinaigrette. (Please request no croutons)
Reg. 6 Lg. 10 add mozzarella Reg. \$1 Lg. \$2

Caesar Salad Romaine lettuce, parmesan cheese & our homemade Gluten-Free Caesar dressing. (Please request no croutons.)
Reg. 7 Lg. 11

Tomato Bisque Homemade goodness... (Please request no roll) 6

Gluten-Free Pizzas

You pick the toppings and we will bake it up on our 10" herb seasoned crust or 14" herb seasoned thin crust. All of our toppings are gluten-free except our homemade meatballs.

10" \$14.95 (toppings \$2.45 ea.) and 14" \$20.95 (toppings \$3.50 ea.)

Pepperoni Anchovies	Italian Sausage	Ham	Chicken	Andouille Sausage	Blackened Chicken
Mushrooms	Green Peppers	Artichoke Hearts	Pineapples	Black Olives	
Fresh Spinach	Fresh Basil	Fresh Garlic	Onions	Fresh Tomatoes	
Fresh Broccoli	Red Onions	Kalamata Olives	Pepper Rings	Cilantro	
Sun-dried Tomatoes	Extra Sauce	Extra Cheese	Jalapeños	+Vegan Cheese	
+Goat Cheese	+Feta Cheese	+Fresh Mozzarella	+Avocado	+extra charge	

Gourmet Salads

Buck's Bbq Chicken Chopped Salad Romaine lettuce, tomatoes, provolone cheese, cilantro, green onions, black beans, corn & chicken served in our Gluten-Free Bbq Ranch dressing. Reg. 13 Lg. 17 add avocado for \$1.50 (\$3 for large)

Sassy Santa Fe Chicken Chopped Salad Romaine lettuce, tomatoes, provolone cheese, red onions, black beans, corn and blackened chicken served in our Gluten-Free Santa Fe Dressing. Reg. 13 Lg. 17 add avocado for \$1.50 (\$2 for large)

Greek Chopped Salad Romaine lettuce, Kalamata olives, feta cheese, artichoke hearts, red onions, tomatoes, and cucumbers served in our Gluten-Free Italian dressing. Reg. 13 Lg. 17

Chicken Caesar Salad Romaine lettuce, parmesan cheese, chicken and our homemade Gluten-Free Caesar dressing. (Please request no croutons) Reg. 13 Lg. 16

California Club Salad Romaine lettuce, bacon, cucumbers, green onions, provolone cheese, chicken, avocado, tomatoes served with Gluten-Free Ranch. Reg. 13 Lg. 17

Italian Chopped Salad Romaine lettuce, tomatoes, provolone cheese, olives, green peppers, artichoke hearts, green onions, garbanzo beans, and Genoa Salami served with our Gluten-Free Italian dressing. Reg. 13 Lg. 17

Shrimp Caesar Salad Romaine lettuce, parmesan cheese, sautéed shrimp & our homemade Gluten-Free Caesar dressing. (Please request no croutons) Reg. 17 Lg. 21

Pastas

Choose any pasta dish and we will substitute it with our gluten-free penne pasta for \$2 (ravioli and lasagna not available)

Side Orders

Grilled Chicken 4 Blackened Chicken 4

Desserts

The GF Mothership fresh-baked Gluten-Free chocolate chip cookie with G-F vanilla ice cream 7.95

Any day Sundae Gluten-Free Vanilla bean ice cream with gourmet Gluten-Free Chocolate Sauce and Raspberry drizzle, topped with Gluten-Free Whipped Cream and a cherry. 5

Beer

Green's Gluten-Free Amber Ale (16.9oz). All-natural ale imported from Belgium. 10